

## Can you hear Machu Picchu and the Sacred Sites Calling You?

**Listen to your heart,  
it whispers**



**Will you answer?**

### **"WALK THE 11:11 SHAMANIC PATH IN THE SPIRITUAL MECCA OF PERU" 13 Traveling Amazing Days!**

**Not the ordinary tour, this IS a very personal, profound and Spiritual Journey!**

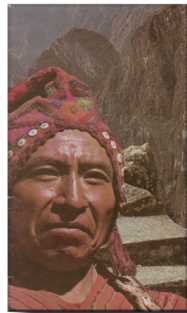
We warmly invite you to join us on our Sacred Journey to **THE MAGICAL, MYSTICAL ANDES** Since the dawn of time travelers have been drawn to Peru. Whether they came in search of adventure or spiritual fulfillment, they experienced a common phenomenon: Peru changed their lives forever. Go through Metamorphosis in the most powerful sacred sites of Peru with Wisdom Keepers, Healers, Indigenous People, Dr. Sharon Forrest, and other exceptional people.

**TRAVEL OFF THE BEATEN TRACK, AT YOUR OWN PACE, IN A SMALL GROUP, WITH SHAMANS & MEDICINE MEN**

**1-800-344-2750 604-475-0809 sacredjourneys22@aol.com www.healingnow.com**

*"The most beautiful and profound emotion we can experience is the sensation of the mystical.  
It is the sower of all true science." Albert Einstein*

**Now is the time  
to experience  
Machu Picchu and  
The Sacred Sites**



**Will you come?**

### **13-Day Ultimate Once-In-A-Life-Time Sacred Journey**

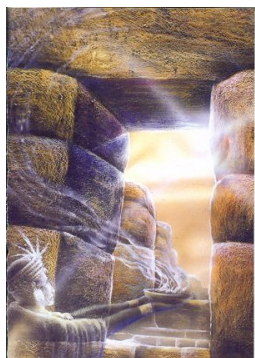
- Machu Picchu • Cusco • Quenko • Saqsaywaman • Marakuy • Sacred Valley • Moray
- Ollantaytambo • Písaq • Tastayoc • Wiraquocha/Raqchi • Amaramamuro... • and more!



*"In the universe, there is an immeasurable, indescribable force which shamans call intent, and absolutely everything that exists in the entire cosmos is attached to intent by a connecting link."*

— Carlos Castaneda

## Introduction to our Sacred Odyssey



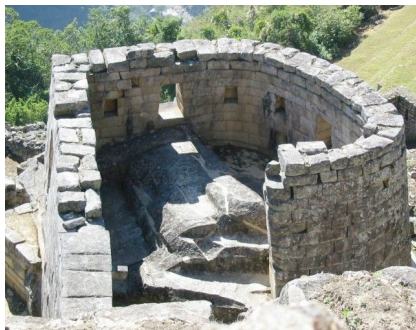
Breathe in the sacred wisdom of the ages. Stretch beyond books and seminars. Awaken to higher levels of consciousness. Travel in the Sacred Valley of the Incas. Study with genuine Shamans and Native Quetchua Healers. Spend time with kindred spirits doing deep planetary work. Experience the majesty of Machu Picchu, and the power and spiritual enchantment of the ruins and temples. Encounter the greatness of the pyramids of Ollantaytambo.

Feel the magnetic fields around Saqsaywaman and Quenko. Meditate in temples thousands of years old. Participate in life-changing healings. Eliminate limiting fears and saboteurs. Experience the magnificence of your own being, as you walk in the “Land of the Sun Gods” as one of the Children of the Sun.

Both the Dalai Lama and a Tibetan Abbey announced that the “Spiritual Center” of the planet has shifted from Lhasa, Tibet, in the Himalayas and the East to Sacred Sites in the .....Andes. The Himalayas are the masculine energy and Peru the feminine.

Once again, the world has begun to recognize the Andes as the greatest cultural and spiritual center on the planet. Two consecutive cycles of K’altum ended, bringing us to the time when ancient and hidden knowledge is to be known to those who are ready. Walk in the footsteps of the most advanced ancient civilization. Immerse yourself in their revered science and rituals.

Against backdrops ranging from the serenity of the Sacred Valley to the awe-inspiring and breathtaking heights of Machu Picchu, delight in off-the-beaten track places where tourists don’t go. Enjoy the company of the heart-centered native people. **Grow spiritually!**



## THE ITINERARY FOR OUR NOV. 11:11, 2011 SACRED JOURNEYS22 TO PERU 13 Magnificent Days! Nov. 1<sup>ST</sup> – NOV. 13<sup>th</sup> (arrive home on the 13<sup>th</sup>)

*Take advantage of this rare opportunity to enhance your total well being through the wisdom of the ages. Join us on this extraordinary Transformational and Spiritual Journey. Your life will never be the same!*



### **Day 1– Tues. Nov. 1<sup>ST</sup>– Lima, the coastal Capital of Peru**

Your transformational Journey begins as you meet at our delightful little Hotel in Lima and prepare to venture forth ready to experience perhaps the most transformative journey of your life...

### **Day 2 – Wed. Nov. 2<sup>nd</sup> – Lima - Cusco - The Sacred Valley**

**Celebrate!** With spirits high, we tap into the powerful energies of the Andes! Morning: 1-hour flight soaring over the breathtaking snow-capped Andes to Cusco, ancient capital of the Inca Empire and present-day Mecca to spiritual seekers such as ourselves. A delectable lunch in Cusco offers us superb choices of traditional Peruvian dishes. Private coach through breathtaking scenery and the Sacred Valley to our lovely Hotel. Here we can rest and adjust to the change in altitude and/or bask in the Shaman’s wisdom. Welcoming and Powerful Fire Ceremony honoring Wilka Nina with Shamen Rogelio and our Keepers of Ancient Wisdom.

**Don’t just visit...**

**EXPERIENCE!**

**EVOLVE!**



**Knowing you will experience a Magical, Mystical and Transformative Journey,  
one that will warm your heart forever.**

**Day 3 – Thur. Nov. 3<sup>rd</sup> – The Sacred Valley - Ollantaytambo – Pachar - Moray**



Morning excursion to one of the most impressive sites to explore, Ollantaytambo Pyramid – an amazing architectural wonder of unrivaled skill, believed to have been built by Star Gods. Here in the sacred manner of ancient priests and priestesses, we'll climb to the main altar of the Sun Temple. Observe the megalithic stones of gigantic proportion. Revel in the sharing of ancient Inca and Native Wisdom. Fly like a condor in a place permeated by magical beauty! Lunch: with our Pachar Children. Afternoon: Metamorphous! Attuning body-mind-spirit in the electromagnetic energy of Earth's Navel, the secluded power site of Moray where 'circles within circles go deep in the ground'. Revel in the unconditional love and wisdom of a Quero High priest. Ceremony to honor Pacha Mama.

**Day 4 – Fri. Nov. 4<sup>th</sup> The Sacred Valley – T'astayoc, Center for Love and Nourishment**

A trip back in time and a delightful visit to T'astayoc a mountain community and a Casa Hogar Del Sol Project that serves hungry, underprivileged children every day (some of whom walk 2-3 hours each way). Amidst peels of laughter and squeals of delight we will hand out shoes, school supplies and gifts. It's an experience that will touch you deeply and resonate in your soul. The native children will honor us with music and dance. Afternoon: workshop to learn how to prepare your own herbs and herbal teas with Cristian. Evening: Psychocellular clearing, electromagnetic phenomena, the renowned CCMBA (Complete Cellular Mind Body Alignment) and the CCSMC (Complete Cellular Soul Memory Clearing) to cleanse and activate us on all levels to receive the energies and teachings of Machu Picchu and the other sacred power places we'll experience on this extraordinary 11:11 Journey.

**Day 5 – Sat. Nov. 5<sup>th</sup> –The Sacred Valley – PIsaq– Urubamba**

Revel in the energies of the Ruins of PIsaq, a superb Incan center high on the mountainside. Pisac covers an entire mountain and is located in a spectacular surrealistic mountain setting. The most sacred Temple contains the famous "Intihuatana" stone, or "Hitching Post of the Sun" speculated to have been a solar clock, astronomical- astrological calendar as well as a ritual site. Partake in a Ceremony to honor the "Apus." Experience the famous PIsaq Market that draws traditionally dressed people from miles, a shoppers and non-shoppers delight.



*"Journey back in time to a place that has left its imprint and impact on humanity forever...  
the ancient metaphysical civilization that predates Egypt!"*

**Day 6 – Sun. Nov. 6<sup>th</sup> – Machu Picchu Crystal City, there's no other experience in the world like Machu Picchu**

Picturesque morning train-ride alongside the sacred Urubamba River, deep into the mountains and into the heart of the Aguas Caliente. Afternoon: Choice of several great options with Carlos, Rogelio and Mama Sharon. Night: Private Rebirthing Ceremony & Watsu in the natural hot mineral baths where Shirley McLain had her phenomenal experiences.

**Day 7 – Mon. Nov. 7<sup>th</sup>– Machu Picchu – Aguas Calientes**

Experience the most memorable and mysterious site, Machu Picchu, the Lost City of Light and High Initiates, one of the strongest energetic vortices on the planet. Our Keepers of Ancient Wisdom will guide us, with spiritual insights, through the astounding labyrinth of ancient temples and initiation sites. Participate in inspiring rituals to enhance your connection with your Divine Self, a transpersonal, transformational journey within. Rest of the day dedicated to introspection and contemplation on the "mysteries that lie unrevealed". Explore Machu Picchu to your heart's content! Experience enchanting shifts in consciousness! Tap into and bring back powers and abilities as one of the "Children of the Sun". Climb to the top of Huayna Picchu, or stay down



and undergo the amazingly powerful and secret Initiation to The Great Central Sun with Mama Sharon. Go through a Release Ceremony in a hidden Crystal Cave: Imagine the incredible feeling of being immersed in the deeply intense and transformational vortex as the energies of the Ancient Initiates and crystal-studded ceiling and walls enfold you.

**MACHU PICCHU, the Lost City of Light and High Initiates  
and one of the strongest energetic vortices on the planet.**

### Quote from a Shaman:

**“When You are in contact with your Inner Self... When you revere Wiraquocha, the Creator of All That Is, Pacha Mama/ Mother Earth. When you revere your Soul, the Sacred Cycle of Life and Death, the Ancestral Beings and the whole Cosmic Race, this is when Magical, Sacred Journeys arrive that speak a Spiritual Language, that only the Soul will recognize.”**

### Day 8 – Tues. Nov. 8<sup>th</sup> – Aguas Calientes – Cusco

Late AM train and private coach to Cusco. Lunch in my favorite restaurant. Rest of the day **on your own** to rest, process, get a massage, journal or explore Cusco to your heart’s desire. Cusco is a “living museum”. **Coricancha** the revered megalithic Sun Temple of Coricancha, is the most sacred sites for the Incas. The Temple where the High Priests and Ñustas (Princesses) performed their main sacred ceremonies. See the niche that contained the ancient Sun Disc that Aramu Muro brought to the Andes from Lemuria. Tap into the energies and ancient knowledge stored in these stones.

**“The most beautiful and profound emotion we can experience is the sensation of the mystical. It is the sower of all true science.”** Albert Einstein

### Day 9 – Wed. Nov. 9<sup>th</sup> - Cusco – Saqsaywaman – Qenko – Temple of the Moon

**Saqsaywaman** – the Temple of Kundalini claimed to be part of Lemuria. Here you’ll see some of the most amazing Inca architecture – walls thousands of years old made of giant megalithic stones weighing 160 tons, fitted together perfectly without any mortar! The many vibrant vortexes are some of the most powerful for the Initiate. Legends tell of rites and rituals performed by the Inca priests and priestesses to enliven and move the kundalini (spiritual energy) up from the base of the spine, through the various chakras to the top of the head in order to reach spiritual enlightenment. Exercises in caves and on thrones carved out of stone to open your heart chakra and raise your kundalini. You can actually feel transformation taking place in you. A special surprise awaits you here!



### Day 10 - Thur. Nov. 10<sup>th</sup>- Cusco - Wiraquocha/ Rachi - Puno



Private coach to the City of Puno, on the shore of the highest navigable lake in the world, Lake Titicaca. This part of the trip allows us to travel south of Cusco to the land of the Aymara people and the soothing energies of this stunning blue lake where UFOs are seen on a regular basis. Experience Raqchi, the spectacular Inca Sanctuary built by the Inca Pachacutec, and dedicated to the great Inca God of Wiracocha. Legend says that in the New Millennium there will be a gathering here of an even number of male and female enlightened ones, and that out of that number will come the two new rulers of the reborn Inca empire. Their mission will be to spread peace and love to all people of the Earth. Experience a short ceremony to honor these powerful and enduring

energies and to honor the Condors of the South and the Eagles of the North. About 70 km further on, we pass through La Raya Ranch where we can see herds of vicuñas and llamas. Then we travel along the High Plateau of Collao. Buffet lunch in a quiet countryside restaurant, where we can enjoy the delightful culinary art of the region. Afternoon Visit to the Alien Museum and arrival in Puno and settling into our lakefront hotel. Walk the crystal labyrinth.

### Day 11 - Fri. Nov. 11<sup>th</sup> - Amaramamuro – I love this place!

The itinerary for today is influenced by the Creation Myth held by the Incas who believed that all life and the origins of their culture began at Lake Titicaca. Amaramamuro, the grand Portal of the Gods, where our shaman will do a ceremony to request permission so that we can pass to the Otherworld and meet our Ancestors. Spiritual Guide and Author: Jorge Luis Delgado. Mama Sharon and Carlos will do an 11.11 Ayni Ceremony. Walk the back of the Serpent of Wisdom. Evening slideshow highlighting the good times we had together during the whole trip. Farewell dinner to celebrate our odyssey.



### Day 12 - Sat. Nov. 12<sup>th</sup> - Puno (Juliaca) - Lima – Home

Morning escorted to Juliaca Airport for flight to Lima airport, Lunch in Lima. Hotel in Lima. Optional choices depending on your ‘flight home’ departure time: to rest, visit the Indian Market, or Gold Museum. Warm ‘till we meet again’ and hugs. Escorted to Lima Airport for you flight home. With hearts more opened and senses more attuned to the other dimensions that have opened themselves to you. You leave, knowing that the connections you have made will warm your heart forever. Take a moment, feel the loving and nurturing arms of Pachamama as she enfolds you once again and whispers softly to you... **“Nuka Sunquipy Causanqui”**... you will always have a place in my heart!



**Day 13 - Sun. Nov. 13<sup>th</sup> - Home**

Take a moment, feel the loving and nurturing arms of Pachamama as she enfolds you once again and whispers softly to you... **“Nuka Sunquipy Causanqui”**... you will always have a place in my heart

Perhaps you will hear Peru calling to you to come on one of our Sacred Journeys again.



Many have returned with us 4, 5 and 6 times. Each trip is noticeably different



Whatever the sacred energies are that you connected with, know that they will always be here for you... waiting silently and patiently for your return.... and so are we! Carlos, Mama Sharon, and The Children of the Sun.

**“Nuka Sunquipy Causanqui” We are waiting for your return!**

**“The measure of our life is not whether others know our name, but whether we have touched the lives of others”**  
The Wayshowers Society, Casa Hogar del Sol and Paskay nonprofit, NGO organizations  
Lighting the Way      Coming from the Heart      Paying it Forward      Making a Big Difference

**Sacred Journeys22 has and continues to make a difference in the lives of the local people.** Hundreds of thousands of tourists pass through their communities every year, regrettably very few of the indigenous people benefit at all from the tourism that they in a large part make possible. To learn more please go to [www.casahogardelsol.org](http://www.casahogardelsol.org) and on [www.healingnow.com](http://www.healingnow.com) click on Dr. Sharon's Children Of Peru. We hope to spark your imagination with a world of possibilities as you experience these inspiring ways in which Casa Hogar Del Sol and The Wayshowers continue to make a big difference.

**Testimony from Michelle who came on two of our recent trips.**

*I have just returned home from a sacred journey to Peru with Dr. Sharon Forrest. Our journey was the most powerfully life transforming adventure I have ever been on. My life will never be the same! A description of what I experienced while being initiated to the Children of the Sun is impossible to translate in any language. It was overwhelmingly powerful, beautiful and intense, to say the least!*

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[www.healingnow.com](http://www.healingnow.com)    ♥    [www.casahogardelsol.org](http://www.casahogardelsol.org)



**Sacred Journeys22** is a Journey that has evolved and been enhanced over the past 38+ trips since Dr. Sharon brought her first groups to Peru. From its inception Sacred Journeys22 has never been a tour in the ordinary sense. It was specifically established to allow **YOU**, the Sojourner to experience the Magic and the Sacredness of the Andes and its heart-centered people.

**Listen to your heart, it whispers!**  
**Peru is calling to you! Come!**

