

Can you hear Machu Picchu Calling You?



"WALK THE ANCIENT SHAMANIC PATH IN THE SPIRITUAL MECCA OF PERU"

4 CHOICES! 1: 21 Fabulous Days! Days Sept. 22 – Oct. 12 2: 17 Amazing Days Sept. 24 – Oct. 12 3: 14 Marvelous Days Sept. 24th – Oct. 9, 4: 10 Magnificent Days! Sept. 24 – Oct. 4, 2010

Not the ordinary tour, this IS a very personal, profound and spiritual journey!

We warmly invite you to join us on our Sacred Journey to THE MAGICAL, MYSTICAL ANDES. Since the dawn of time, travelers have been drawn to Peru. Whether they came in search of adventure or spiritual fulfillment, they experienced a common phenomenon: Peru changed their lives forever. Go through a Metamorphosis in the most powerful sacred sites of Peru with Wisdom Keepers, Healers, Indigenous People, Dr. Sharon Forrest, and other exceptional people.

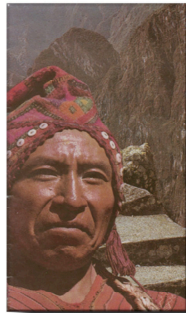
TRAVEL OFF THE BEATEN TRACK AT YOUR OWN PACE WITH 6 SHAMANS AND MEDICINE MEN

1-800-344-2750 604-475-0809 sacredjourneys22@aol.com www.healingnow.com

"The most beautiful and profound emotion we can experience is the sensation of the mystical.

It is the sower of all true science." Albert Einstein

**It's time now
to experience Machu
Picchu and The Sacred
Sites**



Will you come?

#4 10-Day Ultimate Once-In-A-Life-Time Sacred Journey

⊗ Machu Picchu ⊗ Cusco ⊗ Quenko ⊗ Saqsaywaman ⊗ Marakuy ⊗ Sacred Valley ⊗ Moray
⊗ Ollantaytambo ⊗ Písaq ⊗ Puma Urco ⊗ Tipón ⊗ Tastayoc ⊗ Tambomachay ⊗ and more!

#3 14-Day Ultimate Once-In-A-Life-Time Sacred Journey ⊗ all the above plus ⊗ Wiraquocha

⊗ Raqchi ⊗ Lake Titicaca ⊗ Uros Islands ⊗ Amantani Island ⊗ Amaramuro

#2 17-Day Ultimate Once-In-A-Life-Time Sacred Journey ⊗ all the above 2 plus ⊗ Tiawanaco

⊗ Puma Punku ⊗ La Paz ⊗ Healer's Market or Valley of the Moon

#1 The 21-Day Ultimate Sacred Journey ⊗ all the above 3 plus ⊗ Nasca Lines ⊗ Pachacamac Pyramid



"In the universe, there is an immeasurable, indescribable force which shamans call intent, and absolutely everything that exists in the entire cosmos is attached to intent by a connecting link." – Carlos Castaneda

Introduction to our Sacred Odyssey



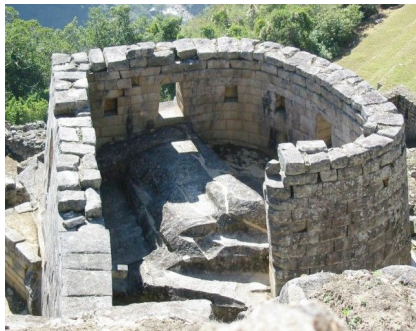
Breathe in the sacred wisdom of the ages. Stretch beyond books and seminars. Awaken to higher levels of consciousness. Travel to the Sacred Valley of the Incas. Study with genuine Shamans and Native Healers. Spend time with kindred spirits doing deep planetary work. Experience the majesty of Machu Picchu, and the power and spiritual enchantment of the ruins and temples. Encounter the greatness of the pyramids of Ollantaytambo.

Feel the magnetic fields around Saqsaywaman and Quenko. Meditate in temples thousands of years old. Participate in life-changing healings. Eliminate limiting fears and saboteurs. Experience the magnificence of your own being, as you walk in the "Land of the Sun Gods".

Both the Dalai Lama and a Tibetan Abbey announced that the "Spiritual Center" of the planet has shifted from Lhasa, Tibet, in the Himalayas and the East to Sacred Sites in the Andes.

Once again, the world has begun to recognize the Andes as the greatest cultural and spiritual center on the planet. Two consecutive cycles of K'altum ended, bringing us to the time when ancient and hidden knowledge is to be known to those who are ready. Walk in the footsteps of the most advanced ancient civilization. Immerse yourself in their revered science and rituals.

Against backdrops ranging from the serenity of the Sacred Valley to the awe-inspiring and breathtaking heights of Machu Picchu, delight in off-the-beaten track places where tourists don't go. Enjoy the company of the heart-centered native people. **Grow spiritually!**



THE ITINERARIES FOR OUR SEPT. / OCT. 2010 SACRED JOURNEYS22 TO PERU 10 Magnificent Days! Sept. 24th – Oct. 4th (arrive home on the 5th)

Take advantage of this rare opportunity to enhance your total well being through the wisdom of the ages. Join us on this extraordinary Transformational and Spiritual Journey. Your life will never be the same!

Day 1– Fri. Sept. 24th– Lima, the coastal capital of Peru

Your transformational Journey begins as you meet at our Hotel in Lima and prepare to venture forth ready to experience perhaps the most transformative journey of your life...

Day 2 – Sat. Sept. 25th – Lima - Cusco - The Sacred Valley

Celebrate! With spirits high, we tap into the powerful energies of the Andes! Morning: 1-hour flight soaring over the breathtaking snow-capped Andes to Cusco, ancient capital of the Inca Empire and present-day Mecca to spiritual seekers such as ourselves. A delectable lunch in Cusco offers us superb choices of traditional Peruvian dishes. Private coach through breathtaking scenery and the Sacred Valley to our lovely Hotel. Here we can rest and adjust to the change in altitude and/or bask in his wisdom. Welcoming and Powerful Fire Ceremony honoring Wilka Nina with Shamen and our Keeper of Ancient Wisdom, Hermano Vidal,



☉ Don't just visit... EXPERIENCE !

☉ EVOLVE !

**Knowing you will experience a Magical, Mystical and Transformative Journey,
one that will warm your heart forever.**

Day 3 – Sun. Sept. 26th – The Sacred Valley - Ollantaytambo – Moray



Morning excursion to one of the most impressive sites to explore, Ollantaytambo – an amazing architectural wonder of unrivaled skill, believed to have been built by Star Gods. Here in the sacred manner of ancient priests and priestesses, we'll climb to the main altar of the Sun Temple. Observe see the megalithic stones of gigantic proportion. Revel in the sharing of ancient Inca and Native Wisdom. Fly like a condor in a place permeated by magical beauty! Afternoon: Metamorphous! Attuning body-mind-spirit in the electromagnetic energy of Earth's Navel, the secluded power site of Moray where 'circles within circles go deep in the ground'. Revel in the unconditional love and wisdom of a Quero High priest. Ceremony to honor Pacha Mama. Visit the remarkable Salt Mines.

Day 4 – Mon. Sept. 27th – The Sacred Valley – Pisaq– Urubamba



Revel in the energies of the Ruins of Pisaq. Partake in a Ceremony to honor the "Apus." Experience the famous Pisaq Market that draws traditionally dressed people from miles, a shoppers and non-shoppers delight. Spiritual Guide/Shaman Hermano Vidal

Day 5 – Tues. Sept. 28th – The Sacred Valley – Tastayoc Center for Love and Nourishment

A trip back in time and a delightful visit to T'astayoc a mountain community and a Casa Del Sol Project that serves hungry, underprivileged children every day (some of whom walk 2-3 hours each way. Amidst peels of laughter and squeals of delight we will hand out shoes, school supplies and gifts. It's an experience that will touch you deeply and resonate in your soul. The native children will honor us with music and dance. Afternoon: workshop to learn how to prepare your own Despacho (the ancient Inca offering to Mother Earth). Spiritual guide: Vidal. Evening: Psychocellular clearing, electromagnetic phenomena, the renowned CCMB (Complete Cellular Mind Body Alignment) and the CCSMC (Complete Cellular Soul Memory Clearing) to cleanse and activate us on all levels to receive the energies and teachings of Machu Picchu and the other sacred power places we'll experience on this extraordinary sojourn.

*"Journey back in time to a place that has left its imprint and impact on humanity forever...
the ancient metaphysical civilization that predates Egypt!"*

Day 6 – Wed. Sept. 29th – Machu Picchu – Crystal City There's no other experience in the world like Machu Picchu

Picturesque morning train ride alongside the sacred Urubamba River, deep into the mountains and into the heart of the valley, to reach the most memorable and mysterious site, Machu Picchu, the Lost City of Light and High Initiates and one of the strongest energetic vortices on the planet. Our Keepers of Ancient Wisdom will guide us, with spiritual insights, through the mysterious and astounding labyrinth of ancient temples and initiation sites. Take part in a healing ritual in Machu Picchu's Sacred Fountain where many have had their eyes healed. Participate in inspiring rituals to enhance your connection with your Divine Self, a transpersonal, transformational journey within. Shaman Puma.

Day 7 –Thur. Sept. 30th– Machu Picchu – Aguas Calientes



Group meditation to clear "hoocha" in order to reach higher dimensions. Rest of the day dedicated to introspection and contemplation on the "mysteries that lie unrevealed". Explore Macchu Picchu to your heart's content! Experience enchanting shifts in consciousness! Tap into and bring back powers and abilities as one of the "Children of the Sun". Climb to the top of Huayna Picchu with Eddy, or stay down and undergo the amazingly powerful and secret *Initiation to The Great Central Sun* –a life enhancing Ceremony with Mama Sharon. Go through a Release Ceremony in a hidden Crystal Cave: Release anything that is holding you back from celebrating your magnificence and living your true Life Mission. Imagine the incredible feeling of being immersed in the deeply intense and transformational vortex

as the energies of the Ancient Initiates and crystal-studded ceiling and walls enfold you. Night Private Rebirthing Ceremony and Watsu in the natural hot mineral baths where Shirley McLain had her phenomenal experiences. Spiritual guides: Puma, Carlos and Mama Sharon. **Luxuriate!**

MACHU PICCHU, the Lost City of Light and High Initiates and one of the strongest energetic vortices on the planet.

Quote from a Shaman:

“When You are in contact with your Inner Self... When you revere Wiraquocha, the Creator of All That Is, Pacha Mama/ Mother Earth. When you revere your Soul, the Sacred Cycle of Life and Death, the Ancestral Beings and the whole Cosmic Race, this is when Magical, Sacred Journeys arrive that speak a Spiritual Language, that only the Soul will recognize.”

Day 8 – Fri. Oct. 1st – Aguas Calientes – Cusco

Early afternoon train and private coach to Cusco. Rest of the afternoon **on your own** to rest, process, get a massage, journal or explore Cusco to your heart’s desire. Cusco is a “living museum”. **Coricancha** the revered megalithic Sun Temple of Coricancha, the most sacred sites for the Incas. The main Temple where the High Priests and Ñustas (Princesses) performed their main sacred ceremonies. See the niche that contained the ancient Sun Disc that Aramu Muro brought to the Andes from Lemuria. Tap into the energies and ancient knowledge stored in these stones

“The most beautiful and profound emotion we can experience is the sensation of the mystical. It is the sower of all true science.” Albert Einstein

Day 9 – Sat. Oct. 2nd - Cusco – Saqsaywaman – Qeno

Saqsaywaman – the Temple of Kundalini claimed to be part of Lemuria. Here you’ll see some of the most amazing Inca architecture – walls thousands of years old made of giant megalithic stones weighing 160 tons, fitted together perfectly without any mortar! The many vibrant vortexes are some of the most powerful for the Initiate. Legends tell of rites and rituals performed by the Inca priests and priestesses to enliven and move the kundalini (spiritual energy) up from the base of the spine, through the various chakras to the top of the head in order to reach spiritual enlightenment.



Day 10 - Sun. Oct. 3rd- Cusco – Tipon – Tambomachay

Exercises in caves and on thrones carved out of stone to open your heart chakra and raise your kundalini. You can actually feel transformation taking place in you. Ceremony to honor the Condors of the South and the Eagles of the North. Our powerful Medicine Man, for this day, is prime example of love and compassion personified. Evening: Farewell Dinner and Folklore floorshow – a delightful way for to culminate our Sojourn to Sacred Sites and Casa del Sol Projects in The Valle Sagrado, Machu Picchu and Cusco.



Day 11- Mon. Oct. 4th - Cusco – Lima ** Arrive USA/home Oct. 5th

The last Day of this part of our Sacred Odyssey for those not continuing on to Lake Titikaka. Morning transfer to Cusco airport and flight to Lima. Met upon arrival by our guides and escorted to our hotel to freshen up. Enjoy a delectable lunch and **Closing Ceremony** Afternoon: depending on the time of your flight home options could be to explore the Gold Museum or the Indian Market.

With hearts more opened and senses more attuned to the other dimensions that have opened themselves to you, you leave, knowing that the connections you have made will warm your heart forever. Take a moment, feel the loving and nurturing arms of Pachamama as she enfolds you once again and whispers softly to you... **“Nuka Sunquipy Causanqui”**... you will always have a place in my heart!

Perhaps you will hear Peru calling to you to come on one of our Sacred Journeys again.



Many have returned with us 4, 5 and 6 times. Each trip is noticeably different



Whatever the sacred energies are that you connected with, know that they will always be here for you... waiting silently and patiently for your return.... And so are we! Carlos, Mama Sharon, and The Children of the Sun.

“Nuka Sunquipy Causanqui” We are waiting for your return!

THE ITINERARIES FOR OUR SEPT. / OCT. 2010 SACRED JOURNEYS22 TO PERU & LAKE TITICACA

14 Amazing Days Sept. 24th – Oct. 9th, 2010 (arrive home on the 10th)



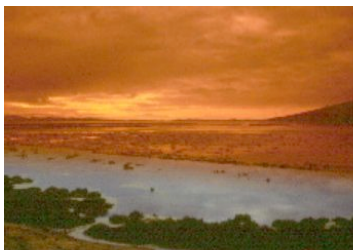
Day 11 - Tues. Oct. 5th - Cusco – Wiraquocha - Rachi - Puno

Private coach to the City of Puno, on the shore of the highest lake in the world, Lake Titicaca. This part of the trip allows us to travel south of Cusco to the land of the Aymara people and the soothing energies of this stunning blue lake. During the trip, we pass by the lovely Wacarpay Lake, offering spectacular views of the mountains reflected in its calm waters. Experience Raqchi, the spectacular Inca Sanctuary built by the Inca Pachacutec, and dedicated to the great Inca God of Wiracocha. Legend says that in the New Millennium there will be a gathering here of an even number of male and female enlightened ones, and that out of that number will come the two new rulers of the reborn

Inca empire. Their mission will be to spread peace and love to all people of the Earth. Experience a short ceremony to honor these powerful and enduring energies. About 70 km further on, we pass through La Raya Ranch where we can see herds of vicuñas and llamas. Then we travel along the High Plateau of Collao. Buffet lunch in a quiet countryside restaurant, where we can enjoy the delightful culinary art of the region. In the afternoon, after arrival in Puno, we'll settle into our hotel.

Day 12 - Wed. Oct. 6th - Lake Titicaca – Uros Floating Islands – Amantani Island

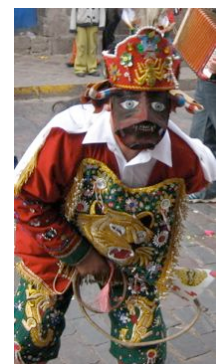
Enjoy a two-hour boat excursion on the Sacred waters of Lake Titicaca to the unique Floating "Islands" of the Uros. These ancient inhabitants of the lake, known as the Water Tribe, have built their own "islands" by periodically adding new layers of a type of reed unique to the area called "Totorá". Their homes and boats are also made from this material. We'll experience some of the ancient traditions of the local people before we continue our motorboat trip to Amantani Island. This island is inhabited by Quechua-speaking natives still governed by their ancient traditions, whose main occupations are the production of ceramics and textiles. The positive energy of this Island is so powerful that it is known as the "Love Island".



This beautiful island has two knolls, where the ancient people built two Temples in each knoll, one represents the feminine (Pachamama), the other one the male (Pachatata), and both represent the duality, the balance of the world. After lunch we will ascend to the Pachamama temple and make a prayer offering and meditation and watch the most beautiful sunset. We overnight at the house of a local islander to enjoy dinner in the hospitality of a typical Amantani home. The Gaeltacht Peru style!!

Day 13 - Thur. Oct. 7th - Amantani Island – Taquile Island – Puno

After breakfast, we'll have time to stroll at leisure through the quaint streets of this colourful island before we say thank you to our families and depart. Late morning, motorboat to Taquile Island, also inhabited by Quechua-speaking natives who have, down through the generations, developed efficient and unique social systems, as well as fine hand weaving techniques. Their market, which will be open to us, contain some of the most intricate and beautifully woven clothes. Upon arrival at the Town of Taquile we'll have lunch. Then, we will take a walk through the various hills and archaeological sites of this 6km long island. You may be tempted to take a swim in the gently salted waters of Lake Titicaca. In the afternoon, we return to Puno by motorboat for an overnight at our hotel.



Day 14 - Fri. Oct. 8th - Amaramuro – I love this place!



The itinerary for today is influenced by the Creation Myth held by the Inca who believed that all life and the origins of their culture began at Lake Titicaca. Amaramuro, the grand portal of the Gods, where our shaman will do a ceremony to request permission so that we can pass to the Otherworld and meet our Ancestors. Spiritual Guide and Author: Jorge Luis Delgado.

Evening slideshow highlighting the good times we had during the whole trip. Sacred friend and gift interchange. Farewell dinner to celebrate our odyssey.

Day 15 - Sat. Oct. 9th - Puno (Juliaca) - Lima – Home
Juliaca airport, Lima airport, Hotel in Lima, flight to home.

"The measure of our life is not whether others know our name, but whether we have touched the lives of others"
The Wayshowers Society & Casa del Sol an all-volunteer, nonprofit organization
Lighting the Way Coming from the Heart Paying it Forward Making a Big Difference

Sacred Journeys22 has and continues to make a difference in the lives of the local people. Hundreds of thousands of tourists pass through their communities every year, regrettably very few of the indigenous people benefit at all from the tourism that they in a large part make possible. To learn more please go to www.pathoftheheart.org and on www.healingnow.com click on Dr. Sharon's Children Of Peru. We hope to spark your imagination with a world of possibilities as you experience these inspiring ways in which Casa Del Sol and The Wayshowers continue to make a big difference.

Testimony from Michelle who came on two of our recent trips.

I have just returned home from a sacred journey to Peru with Dr. Sharon Forrest. Our journey was the most powerfully life transforming adventure I have ever been on. My life will never be the same! A description of what I experienced while being initiated to the Children of the Sun is impossible to translate in any language. It was overwhelmingly powerful, beautiful and intense, to say the least!

**1-800-344-2750 604-569-4733 SacredJourneys22@aol.com casadelsol22@gmail.com
www.healingnow.com ♥ www.pathoftheheart.org**



Sacred Journeys22 is a Journey that has evolved and been enhanced over the past 36 + trips since Dr. Sharon brought her first groups to Peru. From its inception Sacred Journeys has never been a tour in the ordinary sense. It was specifically established to allow **YOU**, the Sojourner to experience the Magic and the Sacredness of the Andes and its heart-centered people.

**Listen to your heart, it whispers!
Peru is calling to you! Come!**



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