



Where some see only the darkness of the forest, we see the sun through the trees.

There is a place where all things begin; the place of pure energy that simply is. In this quantum incubator for reality, everything is possible. Let's go there together.

A Private Consultation is a wonderful gift you give yourself. I want to thank you for your continuing courage to work on yourself. Uncovering and healing the underlying cause is the key to lasting transformation and health. Invariably in cases where relationships or psychological, physical and medical treatments fail, it is because of a hidden or subconscious emotional blueprint. This can change! I look forward to working with you.

Our hours are: Monday - Friday 10:00am - 5:00pm PCT.

Please call 604.475.0809 to book your appointment.

The rest of this e-mail explains the basics with reference to private consultations/coaching sessions and how to prepare for them, as well as some information regarding my work and where to go for your consultation.

Warmest regards,

Dr. Sharon

I had a residential clinic in Cuernavaca, Mexico and started a research hospital in Montreal, Canada, both specializing in chronic and degenerative diseases. Thirty+ years ago, I had debilitating chronic asthma, was dying of lupus and receiving Last Rites. Twenty years ago my middle daughter was in a wheelchair with MS. Today we are both happy and healthy.

As you have probably gathered, I have had great success empowering people to reverse diseases, transform health issues, find hidden saboteurs, break old patterns, heal unresolved childhood abuse, depression, anger, resentments, guilts, etc.

The time came when the pain of remaining closed in a bud was greater than the risk of blossoming.

I also inspire people to discover their Life Purpose and reach their potential. Invariably, we must reveal ourselves at the deepest level in order to find out how lovable we really are. When we dig deeply enough, we do not find darkness, but endless light and lasting healing.

I am sure that I can help you. I offer you several unique advantages. These include: over 40 years of proven success in the field of complementary alternative and behavioral medicine, psychoneuroimmunology, nutrition, transformational and clinical hypnosis, regression therapies, multigenerational clearing, hands-on-healing, and reversing diseases. I have a growing list of well over 10,000+ satisfied clients, including many renowned political leaders and leaders in the medical, holistic health and spiritual field, actresses and actors; and personalized attention from a highly qualified and caring expert. You will receive the respectful and competent service you deserve. To discover more about the groundbreaking, effective work I am doing, please go to www.healingnow.com

"Your joy of today is your suffering of yesterday unmasked." - Kahlil Gibran

Discover solutions! Heal sabotaging patterns, chronic diseases, depression, relationships, anger, fear, aches, pains... Why continue to hurt mentally, physically, emotionally or spiritually? Why stay stuck in some area of your life? You can break multi-generational patterns and empower your family and loved ones to heal. You can make your life transitions smooth and successful. You can heal all areas of your life, reach your potential and **live your passion!**

"Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it." Rumi

Experience one or a combination of the following modalities in a supportive, safe and confidential environment:

- Ancient Black Pearl - neurovascular, amygdala recalibration
- Anger Release and Resolution
- Anoxia ~ Prenatal Suffocation Syndrome
- Behavioral Kinesiology

- Birth, Conception and Womb Trauma Clearing
- Complete Cellular Mind Body Alignment (CCMBA)
- Complete Cellular Soul Memory Clearing (CCSMC)
- Core Belief Work
- Deprogramming Non-Desirable Patterns and Beliefs
- Effective Conflict Resolution
- EFT - Emotional Freedom Technique
- Egyptian Numerology ~ understanding your Life, Karma and Mission
- Energy Psychology
- Hands-on Healing - Therapeutic Touch - Reiki - Quantum, etc.,
- Herbal and Nutritional Programs
- Ho'oponopono, EPOC Exceptional People Of Compassion and It Works! Therapy
- Immune System Enhancement
- Inner Child Work and Breaking Old Patterns
- Intimacy and Relationship Issues - Confidence Building - Enhancing self esteem
- Life Coaching ~ Live your Life Mission/Purpose - Job Transitions
- Marriage and Spiritual Counseling
- Mind/Body/Soul Protocols
- Multi-generational/Genealogical Healing and Clearing
- Past-Life Regressions/Therapy - Soul Retrieval
- Phobia Clearing - Transforming fear and guilt
- Post Traumatic Stress Resolution (PTSD)
- Psychocellular Communication Therapy - Spiritual Alchemy
- Psychoneurophysiology - Psychoneuroimmunology
- Saboteur Elimination and Reprogramming
- Self Empowerment
- Sexual and/or Childhood Abuse Resolution
- Spiritual Psychology
- Stress Reduction - Inner Peace - Meditation
- TFT Thought Field Therapy
- Transformational Clinical and Medical Hypnosis
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I work with each client in two-hour increments and my fee for the session is \$250.00 for a 2-hour session. We can cover a lot of ground in that time. Bonus #1: I will do a 5-minute Egyptian Numerology Reading for you, which is amazingly accurate. Bonus #2: The session can be recorded and you receive the CD or mp3. Bonus #3: A short Angel Blessing Card Reading to validate and anchor all you have gained from the session.

Seniors 10% off.

Paying It Forward: You will be glad to know that by having a Private Healing Session with Dr. Forrest, part of the proceed goes to a great cause in which Street Children in Peru are loved, nurtured, educated, supported and given a chance at life.

Although I prefer to do the Sessions in person however Skype or by phone is definitely an option. If this is the route you prefer please call 604.475.0809 or email for our Skype address.

I ask clients to make a list of what they want to work on ~ mentally, physically, emotionally and spiritually. Please list any or all of the following: non-beneficial patterns, ways you sabotage yourself, relationship concerns, child abuse issues, PTSD, aches, pains, illnesses, womb/birth/life traumas, reoccurring dreams, fears/phobias, non-desirable feelings/thoughts, career changes or transitions, Life Mission/Purpose questions, areas you feel stuck, what seems to trigger non-desirable reactions, etc., prior to coming.

Cancellation Policy: A forty-eight hour notice of cancellation is required. Should you cancel in less than forty-eight hours, you will be charged \$250.00, the price of the two-hour session that was reserved for you. The funds generated from my workshops and private sessions are used for our programs for 'street children' in Peru.

I bring five decades of hands-on experience in the field of healing and personal/spiritual development, as well as my passionate commitment to your optimum health and well-being. My intention is to motivate and inspire you to be all you can be.

Inside each one of us there exists an infinite source of wisdom, healing energy and an unlimited reservoir of possibilities that are waiting to be awakened. Lets awaken these in you!

“There is a life-force within your soul, seek that life. There is a gem in the mountain of your body, seek that mine. O traveler, if you are in search of That. Don't look outside, look inside yourself and seek That.” Rumi.

Please call 604.475.0809 to book your appointment.

Once again, our website is www.healingnow.com

Warmest regards,

Dr. Sharon

Quote:

**"All things are possible until they are proved impossible -
and even the impossible may only be so, as of now."**

~~ Pearl S. Buck

Dr. Sharon Forrest

Doctor of Homeopathic and Naturopathic Medicine, Transformational Psychology and Clinical Hypnotherapy with an extensive background in Ancient Wisdom, Spiritual Alchemy, Energy-Hands-on Healing and Nutrition.

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