

7-DAY HEAL NOW! RETREAT

Sept. 14 – 21, 2013

This Retreat is for YOU if you are interested in healing for your self, your loved-ones, and/or if you work with people who have experienced abuse of any kind or have abused someone.

The **Heal Now!** Retreat will take place on magnificent Vancouver Island, which seeps with powerful energies. The energy of Cowichan Valley, the lake, surrounding woods and the Retreat Centre itself are very conducive for the enhancement of personal growth and healing. Like the volcanoes and springs gurgling up, deep-seated issues will surface, be felt, and be transformed to create new grounds for you to walk on in your life.

Detailed Description



Welcome! Come Let The Healings Begin

The deepest wounds we all carry are locked in our subconscious (out of our awareness). Deep memories and subtle impressions, from unfinished experience, rooted in the past. The pain from those wounds comes to revisit, to block and paralyze us in the moment called now. We all know it comes without warning.



Move out of the darkness.... And into the Light!!

It's time to invest in yourself and take your power back! Go from woe to WOW now!

Learn techniques and resolve in 7days what most therapies take years to accomplish... if ever.

Warm Greetings, We are delighted that you are considering joining us for our **7-day Heal Now! Retreat**. You are giving yourself a gift of a lifetime, one that has the potential to transform your life forever. Held at a lovely Retreat Centre this Retreat is one the most powerful healing experiences available anywhere. It will be an eminent seven days for you in so many ways. The effective procedures you will experience are on the cutting edge in Energy Psychology, Epigenetics, and Transformational Psychology. They are equally suitable for personal transformation and healing as well as remarkable tools for assisting family, friends and clients. You will be given myriad opportunities to grow, laugh and to awaken the Healer Within, Experience powerful healing modalities. Work on personal issues, Tap into the past, Break multigenerational patterns. Heal!

Due to Dr. Forrest's unique teaching methods, both the beginner and the professional benefit equally from the hands-on-experiences offered in this accelerated Healing Retreat.



Dr. Sharon Forrest who experienced years of horrendous mental, physical, emotional and sexual abuse plus domestic violence has healed herself and now is empowering and inspiring others to transform. Often called "Mama Sharon" Dr. Sharon is internationally well-known and loved as a Master Healer/Teacher and certified clinical hypnotherapist. She has an extensive background in transpersonal psychology, naturopathic medicine and has specialized in the fields of Inner Child and Abuse Work for over 40 years. To ensure optimal individual attention and healing the **"Heal Now!" Retreat is limited to 20 participants.**

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