

**(Oakville, Ontario) – Workshop - Feb. 21-23. Fri. 7-9pm. Sat. 10am – 6pm.
Sun. 10am – 6pm**

The Legacy of Spiritual Alchemy and the Secrets to Reversing Disease



Alchemy is the ancient science of transforming base metals into gold. The Spiritual Alchemy procedure works with one's Inner Powers to transform the base metals of illness, unconscious emotions, traumas, unwanted patterns and conflicts into the gold of Self-Realization and Vibrant Health.

- ◆ Do you ever wonder what contributes to a disease starting?
- ◆ Do you ever wonder why one person gets a certain disease and another doesn't?
- ◆ Have you or someone you know ever experience a supposedly incurable disease and wonder "Why me?"
- ◆ Have you ever wondered about the correlation between an illness and what is going on in a person's life?
- ◆ Have you ever been puzzled how some people heal completely after one therapeutic intervention, whereas for others the same disease seems irreversible?
- ◆ Have you ever wondered why disease is often seen as something that 'goes wrong' in the body and is usually attributed to risk factors such as genetics, poor lifestyle, smoking, diet, lack of exercise and stress and yet in 65% of people with cancer and heart disease the risk factors are missing?
- ◆ Why do people who appear to have the same disease affected in different ways?
- ◆ Would you like to know how Dr. Forrest healed herself of chronic bronchial asthma and lupus and her daughter of MS?
- ◆ Would you like to discover "Preventive Medicine" at its best?

"Since the beginning of time there has never been a disease that, somewhere, somehow, someone did not heal. Can what they did work for you, a loved one or client? Is there any reason it should not?" - Dr. Sharon Forrest

If you have read Dr. Bruce Lipton's book "Biology of Belief", Dr. Candice Pert's book, "Molecules and Emotions", Joan Boreshenko's book, "Fire in the Soul", books by Louise Hay and Deepak Chopra, and other Holistic Healing books, or seen the movie "What the Bleep" then you are already aware of psychoneuroimmunology and the body, mind, spirit connection.

This unique, experiential seminar on the latest breakthroughs in holistic based medicine, preventive medicine, Psychoneuroimmunology, Quantum Physics, Neuroscience, Spiritual Psychology and Ancient Wisdom will be facilitated by Dr. Sharon Forrest of Healthways Int., one of the leading experts in this newly emerging field of Reversing Diseases. Dr. Sharon is uniquely qualified – 30 years ago she was dying of lupus and chronic bronchial asthma and receiving Last Rites. 17 years ago her daughter had MS and was in a wheelchair. Today both are vibrantly healthy. Dr. Sharon Forrest also co-founded and directed 2 research hospitals that specialized in reversing disease.

A life-changing, cathartic experience with Dr. Sharon Forrest designed to give you some of the most effective “Body-Mind-Soul” tools available. A powerful healer and medical intuitive since early childhood, Dr. Sharon is internationally known and loved. In presenting this powerful connection between the past, the present, the mind, the body and the Soul, Dr. Sharon blends healing and science in a delightful blend of love, compassion, knowledge and humor. Many call her "The Life Changer" and " Bratty Angel."

Health professionals, people interested in the leading edge of alternative health care and/or spiritual psychology, and frustrated patients should take advantage of this opportunity to learn about the latest, exciting developments in health care.

If you work with, have, or know someone who has a chronic illness that has been unaffected by all traditional medical treatments, this informative presentation is for you.

Dr. Sharon Forrest has an extensive background in naturopathic medicine, clinical hypnotherapy, transformational and spiritual psychology, counseling, parapsychology, ancient wisdom and holistic health. The diversity of her studies testify to her quest for knowledge and understanding. Dr. Sharon assumed a leading role in the integration of complementary/holistic therapies and western medicine when she opened a hospital in Mexico. Many medical doctors, psychologists and psychiatrists come to her as patients and students in addition to many referrals. She is a pioneer in the innovative and powerful uses of regression therapy and bio-energetics to effect a lasting healing. Dr. Forrest continues her successes in reversing disease, proving that Hypnotherapy, Spiritual Psychology and Energy Medicine are well on their way to being the medicine of the future.

This is your chance to witness phenomenal healings perhaps you will experience one.

Inside each one of us there exists an infinite source of wisdom, healing energy and an unlimited reservoir of possibilities that are waiting to be awakened.” Awaken these in you; then you can awaken them in loved ones and clients. – Dr. Sharon Forrest

Find the underlying cause of the problem. Learn powerful, innovative techniques to discover, in a few hours, what other therapies habitually take years to accomplish.

Not only a workshop it’s a life changing and life enhancing experience!

This workshop is equally suitable for professionals and nonprofessionals. You will have many exceptional opportunities to uncover non-desirable beliefs, patterns, past-life events and 'womb perceptions' that still undermine your mental and physical health and affect all areas of your life. Healing grows in a warm, nurturing environment, with all the little kindnesses that whisper, "someone cares and understands." Come learn to heal and be healed!

CUEs for Nurses

Sponsored by Lotus Lin, Healthways International and Path of the Heart
For information and for information: (905) 339-3347 lotuslin@cogeco.ca