



# E.P.O.P



Becoming **Exceptional People Of Power**  **Empowered People On Purpose!**

**A Metamorphosis Workshop!**



- Is something holding you back from living your Life Mission?
- Do you sabotage yourself just when things start to go well?
- Are power struggles an issue in your life?
- Do you have conscious or subconscious fears of moving forward in your life?

If you have answered ‘yes’ to any of these questions, then **this** is the workshop for you!



- ✂ Break out of your cocoon into your full power and magnificence
- ✂ Uncover hidden saboteurs, limiting beliefs and subconscious non-beneficial core beliefs - **transform them**

## GET IN TOUCH WITH... AND HEAL:

- ✂ the ways you give and gave your power away.
- ✂ the ways your power was taken away.
- ✂ the ways you were punished for being in your power plus the ways you misused your power.
- ✂ Heal past lives, womb experiences, and metamorphose this life, and future lives all in a weekend!

### Dr. Sharon Forrest

A master healer/teacher of mind-body medicine worldwide has an extensive background in naturopathic medicine, transpersonal psychology, parapsychology, Ancient Wisdom and Hypnosis. Called "Life Changer", "Miracle Lady," "Router Rooter," and "Bratty Angel" by many, Sharon blends healing, neuroscience and profound transformation with love and laughter in this powerful experience.

**Come! Step into your power and magnificence!**

**It's time... past time!**

**OAKVILLE, ONTARIO ~ OCT. 24, 25, 26, 2008**

Fri. 7-9:30. Sat. 10am – 5pm. Sun. 10am – 5pm.

**Sponsored by: Healthways Int. & Path of the Heart**  
**Your investment in you, your New Year and life purpose \$250.00**

**For registration please contact Lotus ~ Tel: 905-337-2255 ~**

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“A life without change is not a life; it is a stagnant pool. To change your mind frivolously is a cop-out. To change your mind under the direction of the wisdom of the heart is a brush stroke on the masterpiece you are delivering to the world.” -Alan Cohen “Dare to Be Yourself”